

How To Travel On A Budget



**52 MONEY SAVING TIPS FOR THE
FRUGAL BACKPACKER**

FREE VERSION

Contents

Introduction

How to Buy the Cheapest Flights Possible

1. Be Flexible and Creative
2. Buy in Advance
3. Book Your Flights when they are Selling Cheap
4. Book Your Flight from the Country You Will Be Flying From
5. Fly on a Tuesday or Thursday
6. Fly Red Eye Flights
7. Use ITA Matrix Software
8. Check at least Two Airfare Comparison Sites
9. Check Your Flight on the Carriers Website
10. Buy Multiple Flights Separately
11. If You Book Separate Flights, Ensure You Have Enough Time to Change Flights
12. Search and Use Budget Airlines
13. Ensure 'Inconvenience Costs' do not outweigh Your Savings
14. Ensure Inconvenience Itself Doesn't Outweigh Savings
15. As Soon as You Find the Best Deal, Book It
16. Check the Ticket Prices a Day or Two Before You Leave.
17. Join Frequent Flyer Program
18. Trains, Planes, or Automobiles
19. The Cheaper Option Depends On How Many In Your Party

Top 10 Tips for Saving on Accommodation

20. Fly Red Eye Flights
21. Sleep at the Airport
22. Couch Surfing
23. Rent a Car
24. Camp
25. Squatting
26. Pull an All-nighter

27. Get a Hostel or Cheap Hotel
28. Air BnB
29. Online Classifieds
30. Work for Food and Accommodation

How to Find the Cheapest Meal

31. 'Cook' for Yourself
32. Eat Snacks
- Eating Out
33. No Table Menu.
34. Food on Display.
35. Eat in non-tourist Areas
36. Eat Outside
37. Avoid Buffets
38. Check out Urbanspoon

11 Tips for Sight-seeing on a Budget

39. Do Your Research
40. Go off the Beaten Track
41. Discount Coupons
42. Groupon
43. Hop On/Off Sightseeing
44. Use Public Transport
45. Walk
46. GPS
47. Google Translate
48. Get Lost
49. Bus to Nowhere
50. Uber

Miscellaneous Money Saving Travel Tips

51. Travel Insurance
52. Get Medical Care while it's Cheap
- Bonus Tip - Affiliate Programs

Useful Links

Claim Your Free Books

Other Survive Travel Publications

Free Stuff

Introduction

There are four major costs when traveling. They are transport, accommodation, food, and sight-seeing. This book covers ways to save money in each of these subjects, and then some.

How to Buy the Cheapest Flights Possible

1. Be Flexible and Creative

The more flexible you are with when and who you fly with, and the more creative you can get with things like where you fly into, connecting flights, etc., the better deal you will get.

2. Buy in Advance

The further away in time you book your flight, the cheaper it will be. At least a month in advance will get you the best deal. Planning this far in advance will also allow you the time to sort things out around your travel, as opposed to the other way round.

3. Book Your Flights when they are Selling Cheap

The best time to book for your flight is around 6pm on Tuesdays, using the same time zone as where the airline's company is located.

4. Book Your Flight from the Country You Will Be Flying From

Many sites let you choose your country. Choose the one you will be flying from, which is not necessarily the country you are in e.g. if you're in the UK and want to book a ticket from Australia to Malaysia, choose Australia as the country you're in. If the airline you want to buy a ticket from doesn't offer the option of swapping countries, you may want to consider using a proxy so that their system thinks you're in the country. To find a proxy just use your favorite search engine and search "free ENTER COUNTRY proxy". To learn how to change your computers proxy you can go to:

Freeproxy.ru/en/free_proxy/howuse.htm

5. Fly on a Tuesday or Thursday

Although not always the case, these are usually the cheapest days to fly on.

6. Fly Red Eye Flights

Red eye flights are those that fly over night. Not only are they usually cheaper, but you will also save on accommodation.

7. Use ITA Matrix Software

This is a Google owned software that most of the airfare comparison sites use to power their websites. The great thing about it is that you can compare the best prices for a whole month, to see when the best time to fly is. <http://matrix.itasoftware.com>.

8. Check at least Two Airfare Comparison Sites

You can spend hours searching flights on comparison sites, so just pick 2 or 3 of your favorites, preferably ones that you are an affiliate with (see tip 52). My favorite is [Jet Radar](#).

9. Check Your Flight on the Carriers Website

Sometimes the price on the comparison website is higher than if you booked it directly from the carrier.

10. Buy Multiple Flights Separately

For flights that have multiple stops, it may be cheaper for you to book the flights separately.

11. If You Book Separate Flights, Ensure You Have Enough Time to Change Flights

If you book separate flights and you miss your connection, most airlines will not reimburse you. Ensure you have enough time to check back in, which usually means going back through security etc.

12. Search and Use Budget Airlines

Many comparison sites do not consider the low cost airlines. Google 'Low Cost Air Carriers' for the country you will be in.

13. Ensure 'Inconvenience Costs' do not outweigh Your Savings

Sometimes the reason your flight is so cheap is because the plane lands at an obscure airport or you arrive at some crazy time at night. You may lose all the money you saved getting to where you need to go from the airport you land at, or having to spend a night at an overpriced hotel.

14. Ensure Inconvenience Itself Doesn't Outweigh Savings

Doing all the research of booking your own flights may only save you

\$50. Is it worth all the inconvenience of obscure airports, rechecking baggage etc.? Every case is different (maybe you are saving \$1000) and only you can decide how much convenience is worth to you.

15. As Soon as You Find the Best Deal, Book It

The cheapest airfares don't stick around for very long. It is best to book your flight as soon as you can secure the best deal.

16. Check the Ticket Prices a Day or Two Before You Leave.

If tickets lower from the time you buy them, the airline may refund or credit some of the difference. Many of the budget airlines will not, but it does not hurt to try.

17. Join Frequent Flyer Program

This is especially true if you use the same carrier a lot, but don't let the accumulation of points be the reason why you buy a particular ticket. Find the cheapest flight, if you happen to get points, great. It's a bonus.

18. Trains, Planes, or Automobiles

Usually, buses are cheapest, and then trains, then cars, then planes, but this is not always the case. Sometimes in the United States it is cheaper to fly than it is to catch the greyhound bus, and 10 times faster. If there are 3 or 4 of you then renting a car might be a smart option.

19. The Cheaper Option Depends On How Many In Your Party

If you are going solo then a bus or train is usually your best choice, but if there is a few of you then it is often cheaper or on par to split a taxi or private car, which will also get there much quicker.

Enjoying this book so far? I'd love it for you to share your thoughts and post a quick review on Amazon!

SurviveTravel.com/Budget-Travel-Reviews

Top 10 Tips for Saving on Accommodation

20. Fly Red Eye Flights

Ok, this tip is stated twice. Red eye flights are those that fly overnight. As a bonus, these flights are often cheaper.

21. Sleep at the Airport

If the connecting flight is less than 24 hours away then it may be worth sleeping at the airport, unless you want to have a look at the city your layover is in. SleepingInAirports.com is a pretty good website to check out for this.

22. Couch Surfing

There is a whole community of couch surfers out there willing to give you a couch (or even a bed) to sleep in for free. I've heard a couple of "horror stories" but they have been nothing more than funny tales and weird people. I've done it a few times and have had nothing but good experiences, although I admit I am more tolerant of others than most. Visit Couchsurfing.org to learn more.

23. Rent a Car

I only do this if I am planning to rent a car anyway, but while you've got it you may as well sleep in it.

24. Camp

If you use a bit of imagination I'm sure you can find a place to pitch a tent for free where-ever you are. Take into consideration trespassing laws in the country you're in, and if all else fails use a legitimate camping ground.

25. Squatting

If you are really desperate, abandoned buildings may be an option for a free night's shelter.

If you find an abandoned building and are considering staying in it, do a little recon first. Look for signs of life. The last thing you want is to be in someone else's squat; it could get a bit hairy.

There are often underground communities in the knowhow of communal squats and usually these people are quite friendly and

happy to help travelers. You can find them over the internet, in chat rooms and such.

26. Pull an All-nighter

Leave your bag in a locker at the train station and just party all night.

27. Get a Hostel or Cheap Hotel

Run a search at HotelLook.com. They search all the accommodation comparison websites to get you the very best deal.

28. Air BnB

AirBnB.com is a place where private home owners can rent out their rooms, apartments, houses etc. It's worth a look.

Use this link and get a discount:

SurviveTravel.com/AirBnB

29. Online Classifieds

Look for short term stay share houses on Gumtree.com, Craigslist.com or a similar website depending on the country you are in. If staying for more than a week or two, then it always works out cheaper to do this rather than stay in a hostel. You also get to meet locals, and have a kitchen, bathroom, etc.

30. Work for Food and Accommodation

Many people all around the world will give you free accommodation, food, and sometimes even a little pocket money in exchange for all kinds of help, e.g., farm-work, house work, English tutoring, etc. Check out Workaway.info.

How to Find the Cheapest Meal

31. 'Cook' for Yourself

It is always cheaper to shop at the supermarket and cook for yourself. If your accommodation doesn't have a kitchen then bread, fruit, and milk drinks are filling and require no cooking. If you have access to hot water then instant noodles are a winner. Baked beans and eggs are also easy to cook if you have access to a stove.

32. Eat Snacks

Chocolate bars, dried fruit, and nuts are always good to keep in your daypack. They can keep you going for quite a while if you get stuck for food. They don't go off, need no cooking, store easily, and give the body the energy it needs when on rations. Then just eat properly whenever you get the chance, especially fresh fruit and veg. Also, take a multivitamin.

Eating Out

This is how I find good places to eat in countries where it is legal to cook on the street. By good I mean good taste, i.e., good local food, belly friendly, i.e., not likely to make the majority of tourists sick, and good price, i.e., cheap.

33. No Table Menu.

The places with menus on the table, i.e., in book/pamphlet form, are usually more expensive. The menu that is written on the board in plain sight is a good sign. It means they are not trying to hide the price, and since you can see the price, you can know for sure.

34. Food on Display.

Any place with meat hanging or a display case, or where they cook it in front of you, is going to taste good and is usually cooked fresh. The exception is if they give you the food from the display cabinet and it is at the end of the meal service time, i.e., it is not fresh, like at the end of the day.

35. Eat in non-tourist Areas

Or, if you are in a tourist area, eat in those places that are tucked away a little, e.g., down the alley way. Also, if there are lots of locals there it is a

good sign.

36. Eat Outside

Places that have only outside seating are usually cheaper, and those with no seating are always cheaper.

37. Avoid Buffets

They are only a good deal if you eat more than 3-4 plates of food, and that is only for all you can eat buffets. Many are not and these are always overpriced. Also, if you're going to get sick from eating street food, or foreign food, then the buffet is what will do it.

38. Check out Urbanspoon

Urbanspoon.com is a handy app that will find you the type of restaurant you are after in the area you are in.

11 Tips for Sight-seeing on a Budget

39. Do Your Research

If you are in a place for a short amount of time and want to get the most out of it then it is definitely worth researching what you want to see. Wikitravel.org is a good starting point, as is TripAdvisor.com. These two sites will tell you the best “tourist” things to do as well as a few things off the beaten track. They might also give you some money saving tips for the area you are going to.

40. Go off the Beaten Track

The non-tourist places are often cheap if not free and not nearly as many people. Also, they usually provide a much more authentic experience of the country you are in.

41. Discount Coupons

Google search discount coupons for the sights you want to see, especially for big tourist attractions.

42. Groupon

Groupon.com is a website where people get together and buy things in bulk, therefore getting a cheaper rate.

43. Hop On/Off Sightseeing

Hop On/Off sightseeing buses are available in most big cities. You pay a set fare and they drive around all the major tourist attractions. You can get on and off as you please. There’s often commentary and sometimes discounts on attractions are also included. The tickets last at least 24 hours but sometimes a few days. It’s a great way to see a big city with lots of attractions.

44. Use Public Transport

A huge cost when sightseeing is getting from one place to the other. Ten minutes of internet research or just enquiring at you place of accommodation and you can find out how to get there the same way as locals would. As a bonus, the first time you use the public transport in a new city is always an adventure.

45. Walk

Get a map and mark out all the sights you want to see. Instead of catching buses, taxis, etc. to each of them, walk.

46. GPS

It always surprises me how many people don't use GPS because they think it needs an internet connection. It doesn't! The google maps app is free. Just download the area you want to your phone and you can use it offline.

47. Google Translate

Google translate is another smart phone application that will save you money because you will never have to buy another phrase book ever again. Also free, and you can put a whole language on your phone so you can use it offline.

48. Get Lost

Don't worry about the maps, just walk around. Carry a business card or write the address of where you are staying and just show it to a taxi driver when you want to go home.

49. Bus to Nowhere

Just get on any bus and go. If you see somewhere that looks interesting, get off the bus. When you want to get back home, just take the same bus in the other direction.

50. Uber

Use Uber instead of taxis. There are many advantages besides it usually being cheaper. You can know the approximate fare before you get in, you don't need cash, and the taxi will come to you.

Sometimes I just use the Uber app to see what the approximate fare should be before getting in a local taxi.

If in Asia, try Grab (formerly GrabTaxi).

Miscellaneous Money Saving Travel Tips

51. Travel Insurance

This is a personal preference and depends highly on the country you plan to visit. If your belongings are not expensive, maybe it is not worth it. If you are going to the United States, where medical care is expensive, then it is a must. Often, if you buy a ticket with your credit card, then travel insurance is free, although the cover may not be that good.

52. Get Medical Care while it's Cheap

Medical care in western countries can be expensive. Consider getting your medical needs and checkups done whilst in a cheap country. Thousands of dollars can be saved.

Bonus Tip - Affiliate Programs

An affiliate program is where you sell a product or service for a company and they give you a "kickback". For example, I am an affiliate of [TravelPayouts](#). When I refer someone to their website and they purchase something I get a certain percentage of that sale. My biggest customer is myself. So not only do I find the cheapest flight, I also get some of the money back.

Almost every company will have an affiliate program but you may need a website to join. Most of them use 3rd party companies to handle their accounts. It is worth looking into if you use a particular company a lot.

[TravelPayouts](#) is one company where you do not need a website to join. They are the best I have found in this industry for finding the best deals and also for ease of use for bloggers and non-bloggers alike.

Useful Links

Flights

Matrix.itasoftware.com

[Jet Radar](#)

Flightstats.com/go/Home/home.do

Accommodation

Sleepinginairports.com

Couchsurfing.org

HotelLook.com

Gumtree.com

Craigslist.com

Workaway.info

[AirBnB](#)

Food

Urbanspoon.com

Sightseeing

Groupon.com

Other

[TravelPayouts](#)

SurviveTravel.com

SurvivalFitnessPlan.com

Claim Your Free Books

Dear Reader,

Thank you for reading **How to Travel on a Budget**.

I truly hope you got some value from it.

In life I am a big believer in constant improvement, and this is no different in the books that I write.

Receiving (and then acting upon) feedback from readers is (in my opinion) the most effective way for me to improve the books.

Another thing is the effect of positive or negative reviews. The number of reviews and the number of stars left in those reviews can make or break a books success.

In light of these two things I have a favor to ask of you:

It would be greatly appreciated if you would leave an honest, positive review on Amazon

[SurviveTravel.com/Budget-Travel-Reviews](https://www.amazon.com/SurviveTravel.com/Budget-Travel-Reviews)

and/or Goodreads

[SurviveTravel.com/Budget-Travel-Goodreads](https://www.Goodreads.com/SurviveTravel.com/Budget-Travel-Goodreads).

Or, if you have feedback that is not so favorable (constructive criticism) then please share it with me directly (as opposed to giving a bad review) and I will address the issues in future editions.

I can be contacted via email: admin@survivetrip.com.

As a way to say thank-you in advance I would like to offer you all my future books **FREE!** Visit [SurviveTravel.com](https://www.SurviveTravel.com) to get them.

[SurviveTravel.com](https://www.SurviveTravel.com)

Thanks again for your support.

Aventuras De Viaje, Author.

Other Survive Travel Publications

Yoga

Yoga is mainly used in Survival Fitness as a cool down/stretch routine after daily fitness training, but is also recommended as an additional exercise.

Aventura's [Yoga Series](#) contains volumes with yoga routines specializing in achieving specific goals, e.g., increasing flexibility, therapy, weight loss, etc.

Escape, Evasion and Survival

Sam Fury's [Escape, Evasion and Survival Series](#) covers all things to do with escaping capture, evading the enemy, and surviving in urban and wilderness environments.

Specific subjects covered include entry and exit techniques, evasive driving, hostile negotiation tactics, lock-picking, urban survival, wilderness survival, wilderness medicine, and many more.

Self Defense

Self Defense plays a big part in the Survival Fitness Plan daily training and the self defense system created by Sam Fury is relatively easy to learn (it is a minimalist system) and highly effective.

The [Self Defense Series](#) has volumes on some of the martial arts that were used as a base in the creation of Survival Fitness Self Defense, as well as the final Survival Fitness Self Defense Training Manual.

Survival Fitness

The [Survival Fitness Series](#) created by Sam Fury contains all the publications covering Survival Fitness Plan Daily Fitness Training Additional Activities such as swimming, parkour, rock-climbing, etc.

Miscellaneous

The [remainder of Survive Travel Publications](#) that do not belong to any specific series.

Free Stuff

Thank you for reading **How to Travel on a Budget**.

If you enjoyed it feel free to share it with your friends.

 [Share it on Facebook](#)

 [Share it on Twitter](#)

I am currently hard at work creating more free resources to expand on each of these steps in detail. If you are still a subscriber to [SurviveTravel.com](#) I'll send them straight to your inbox when they are ready, **FREE!**

If you're not, you can subscribe at:

[SurviveTravel.com](#)

In the meantime, if you have any questions or want to give some general feedback, you can contact me via the website. I respond to every message.

[SurviveTravel.com/Contact](#)

Follow to Get FREE Books!

 [Follow on Facebook](#)

 [Follow on Twitter](#)

Follow to Get Inspired!

 [Get inspired on Pinterest](#)

 [Get inspired on Instagram](#)

Did you enjoy this report? Share it with your friends!

 [Share it on Facebook](#)

 [Share it on Twitter](#)